



Feedback from Creative Groupwork for Clients who are Stuck May 20th 2016

Trainer – Angharad Candlin

Feedback from the end of course evaluation form

		Course feedback	Percentage
No. of participants		8	%
Length in days		1	
No. of completed evaluations		8	100
Expectation?	Yes	6	75
	Partly	2	25
	No	0	0
Level of training	Too High	0	0
	Just Right	8	100
	Too Low		10
Facilitators Attitude - Poor	1	0	0
	2	0	0
	Okay	3	0
	4	2	25
	Great	5	62
Facilitators Knowledge - Poor	1	0	0
	2	0	0
	Okay	3	0
	4	3	35
	Great	5	62
Way the workshop was run - Poor	1	0	0
	2	0	0
	Okay	3	0
	4	3	35
	Great	5	62
Handouts	not enough	2	24
	Ok	1	12
	very useful	1	12

Key outcomes

- 100% of participants thought the workshop *achieved what they expected*.
- 100% of the participants thought the workshop was pitched at the right level.
- 100% of participants reported the facilitator's attitude was *very good to great*.
- 100% of participants reported the facilitator's knowledge of the subject was *very good to great*.
- 100% of participants reported the way the course was run was *very good to great*
- 12% of participants who completed evaluations reported the handouts were very useful

Qualitative feedback

What topic/issue has been the most important for you?

- Emotion Coaching/Therapeutic metaphor
- Emotional training/Understanding how to shift stuck people
- Breakdown of trauma responses and experimental elements
- 4xBrains/Process of working with clients/Impact of cortisol
- Metaphor
- Brain levels
- So many/4 levels of the brain/circle of security
- Our part in keeping clients stuck

What topic/ issue has been the least important for you?

- I really did get something out of each topic
- They were all relevant
- All important

What impact will this training have on your work?

- Staying in the emotion
- Good for VT/Really helped me in staying in brains 1,2,&3 longer with complainants
- Provide relative thinking & creative approaches to working with clients
- More thoughtful of client security
- Awareness of where to pitch material
- Remember the lower levels for me/I stay in level 4 for safety
- Large impact, will help in planning and evaluation
- Greater awareness of self

Any other comments about the training course

- Enjoyable, challenging, always wanting more
- Thoroughly engaging interesting and informative. Great facilitation
- Very useful
- Very good, thank you
- Harry is a fabulous presenter of this topic, very experienced and great energy
- Perhaps greater content re “stuckness” aspect-a lot of care build up to it, all good but perhaps I was expecting too much and it’s not really necessary

