

# The Institute of Group Leaders Workshop Evaluation Summary

**Feedback report for 'FebFest' - 24<sup>th</sup> February, 2017**

## Summary of evaluations from participants

	Course Feedback	Percentage
<b>No. of participants</b>	17	
<b>Length in Days</b>	1	
<b>No. of completed evaluations</b>	15	88%
<b>Expectation</b>		
<b>Yes</b>	14	93%
<b>Partly</b>	1	7%
<b>No</b>	0	0%
<b>Level of Training</b>		
<b>Too High</b>	0	0%
<b>Just Right</b>	15	100%
<b>Too Low</b>	0	0%

## Qualitative feedback

### Precis of Comments about each session

#### **Session 1: Transactional Analysis**

- Fabulous
- Clear and engaging examples and clear links to group work
- Uncluttered, two concepts visually demonstrated and beautifully explained
- Respectful and knowledgeable

#### **Session 2: Narrative Therapy**

- Inspiring
- Marvellous, loved role play and use of reflective team
- Parts could have been a little clearer
- Patient and caring

#### **Session 3: Mutual Aid**

- Great explanation of methodology and significance of power of the group
- Could be more interactive
- It was more didactic and harder to engage
- Great to locate this model in such an enduring tradition

#### **Session 4: Use of Metaphor**

- Wonderful demonstration of the model, very experiential and confident display of a hugely powerful method
- Fantastic balance of theory and practical demonstration
- Struggled a bit, would have liked a clearer example of metaphor earlier
- Enjoyed the demonstration of the model in action

**What impact will this training have on your work?**

- Feel re-invigorated and brave enough to give a selection of these a go where appropriate
- Re-invigorate me and reinforced that my style and instincts in group work are supported by sound theories
- It has motivated me to try new things
- Help me approach my various groups in a more explicit intentional theoretical way

**Any other comments about FebFest**

- Best training I have attended in a long time, would have liked more time for reflection
- Loved it. Variety, tempo, expert presentations, different styles of presentations made the day very interesting
- High calibre of presenters, well balanced sessions
- Very much enjoyed the interaction with fellow professionals albeit from totally different working environments. The difference enriches my experience

**What topics/format would encourage you to attend future IGL workshops?**

- More of the same, another like this, something similar
- Handling difficult group members, group therapy
- Somatic work, drama
- Working with Couples
- Yalom's theory, Erikson - metaphor
- Experiential workshops and innovative presenters – as these were