



28 Hours CPD
Skills &
Knowledge

The Institute of Group Leaders

Group Facilitation Training Course - Four Days



The Group Facilitation Training Course is a four-day experiential course that includes knowledge, skills and experiences necessary for general competency of group workers. Core training is a prerequisite for advanced practice in group work. The course examines the scope of practice, types of group work, group development, group processes and dynamics, group leadership and standards of training and practice for group facilitators.

The course offers a mix of core groupwork concepts and skills, experiential learning and integration of learning with practical groupwork experiences. Each day builds on the day before. It is based on an international set of standards for groupwork, which were developed by the Association for Specialists in Groupwork Professional Training Standards for the Training of Group Workers (USA) and is tailored to an Australian context. The course has a maximum of 15 participants and is led by skilled accredited trainers.

Learning Outcomes:

- Demonstrate groupwork planning program development and associated administrative functions.
- Identify the key elements of group dynamics and group processes.
- Demonstrate the application of adult learning principles and appropriate techniques and intervention strategies for facilitating a group process.
- Compare group leadership styles and the theoretical perspectives that inform them.
Demonstrate ethical groupwork behaviour and identify professional development needs and strategies.

Content Areas:

- Historical development and rationale of group work, the therapeutic value of group work and the use of mutual aid in groups
- Group planning and development, dynamics and stages of group development, co-facilitation
- Managing challenging situations and conflict in group
- Effective use of group supervision

Suitable for professionals wanting to gain knowledge, skills and confidence in groupwork facilitation. It is also suitable for professionals whose primary role is not group facilitation but are required to facilitate groups as part of their work.

Presenters: Dr Neil Hall & Irene Gaffney



DATES: 1st & 2nd November 2018 AND
15th & 16th November 2018 (one course)

TIME: 9.30am to 4.30pm

COST: \$840 (IGL members) or \$1,040 (non IGL members). GST is not applicable.

WHERE: CatholicCare Offices
Cnr West St and Thomas St
Lewisham

MORNING TEA AND LUNCH are provided.

Please email admin@igl.org.au to register, to let us know if you have any special dietary requirements or if you require disability access to the venue.

TRAVELLING BY BUS: Buses from Central Bus Station (via Parramatta Rd) to Lewisham are: 413, 461 & 483

TRAVELLING BY TRAIN: Lewisham is on the Inner West Line. Catch the 'All Stations' to Ashfield / Strathfield and get off at Lewisham station. Take the Thomas St Exit from the Station. Walk down Thomas Street, the main entrance & gate to the building is on the corner of Thomas and West Streets.

PARKING: There are several streets around the building which now have 2-hour parking limits on one side of the road. Please ensure that you do not park in those zones.